



2004
2004

3. Sygeplejesymposium















Sygepleje og seksualitet

Fysiske årsager til seksuelle problemer:

Fysiske forandringer i:

- Hormoner
- Kardiovaskulær

Andre fysiske årsager:

- Blodtryk
- Diabetes
- Medikation
- Infektioner
- Krebs
- og andre





































































For some years our department has helped the department of oncological to insert port a cath into patients with cancer. This surgery was the cause of many frustrations among the staff concerning the kind of nursing we could offer the patients. We had solved the problem by moving the physical conditions and by collecting the patients on Fridays.



The patients complained about:

- missing of waiting time
- cancellations
- the feeling of being a patient of secondary importance
- bad communication

Nursing staff experience:

- elective surgery
- the patient can have a great impact on the course of the disease



Factors and staff experience:

- a well prepared and organized surgical procedure
- the patient learn to make decision-making
- better planning reducing waiting time
- the patient can have a great impact on the course of the disease



- better cooperation between the department of oncological and the department of vascular anesthesia
- increased efficiency and utilization of our resources
- greater employee satisfaction



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HOLD VÆGTE

af træthedstilstande og stress i arbejdsforhold

PROBLEMER
- træthed og stress
- dårlig søvn
- dårlig appetit
- dårlig koncentration
- dårlig humør
- dårlig fysisk kondition
- dårlig immunitet

ÅRSAGER
- overarbejde
- dårlig søvn
- dårlig kost
- dårlig fysisk kondition
- dårlig immunitet

EFFEKTER
- dårlig søvn
- dårlig appetit
- dårlig koncentration
- dårlig humør
- dårlig fysisk kondition
- dårlig immunitet











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